Life Skills Reimagined by LYFT Learning

[**Independent Living Curriculum**](https://kygov-lyftlearning.talentlms.com/)

Life Skills Reimagined is an online independent living curriculum for youth in state’s care between the ages of 16-21 years old.

**How to Log In:**

Username:

All eligible youth have been assigned a username- their **first name, middle name, last name, year of birth** *(for example, the username for Mary Tyler Moore born May 5th 2003 would be marytylermoore2003)*

Note: Leave out apostrophes, hyphens, and any other punctuation when entering the user name.

Password:

The default password is **Password!**

Youth will be prompted to change their password the first time they log in.

Youth should also immediately update their email address in the system the first time they log in.

For help with log in issues, email[info@lyftlearning.com](mailto:info@lyftlearning.com)

**Incentive:**

Youth who complete the curriculum will receive a $250 Target e-gift card. Completion of the curriculum will unlock a final survey. Completion of this survey will automatically trigger the incentive payment. The gift card will be emailed to the youth within 4 weeks. The youth should ensure the email they enter in the LYFT platform is correct. The email must be the youth’s **personal** email address. The gift card **cannot** be emailed to someone else’s email address, including a social worker, caseworker, foster parent, etc. The gift card also cannot be sent to a kyschools.us email address.

**PDFs:**

In addition to the online platform, LYFT also includes PDF materials including action plans, application guides, and other resources. Youth can print these forms directly from their online LYFT account. Partner agencies may also want to have copies ready to distribute to their youth. To request a workbook with the PDF materials, email: [info@lyftlearning.com](mailto:info@lyftlearning.com)

**Webinar**

For a training on how to use the LYFT platform, click the link below:

[LYFT Learning Webinar](https://urldefense.proofpoint.com/v2/url?u=http-3A__lyftdemo.s3.amazonaws.com_LYFT-5FLifeSkills-5FTraining-5FWebinar.mp4&d=DwMFaQ&c=jvUANN7rYqzaQJvTqI-69lgi41yDEZ3CXTgIEaHlx7c&r=aFPEXiE4tGCfJzRlfPyDDHTb-9IpaB3v48YWJpNG-OM&m=x5JV7JGM1y9w-ZaBPRqvzKlU8QRo1a99oXgDY1_LEDw&s=REG-GhhM2KBQF--ELyUnQ8X9rp31JFYBF6cpZpa2CHQ&e=)

**FAQs:**

**Q:** How old does a youth have to be to complete the curriculum?

**A:** Youth must be at least 16 years old to complete the curriculum.

**Q:** Are former foster youth eligible to complete the curriculum?

**A:** No, youth must be currently committed to complete the curriculum.

**Q:** Are youth who have already completed the paper IL packet and received the $250 stipend eligible to complete LYFT?

**A:** No, youth who have completed the paper IL packet are not eligible to complete LYFT.

**Q:** Do you have to complete the entire curriculum to earn the incentive?

**A:** Yes! Youth must complete the entire curriculum to earn the incentive.